



20<sup>th</sup> National Conference of

# Diabetes in Pregnancy

STUDY GROUP INDIA

**DIPSI** 20  
26

SUNDAY

**MARCH 8**

THE SAVERA, CHENNAI

## SCIENTIFIC BROCHURE

[www.dipsi2026.com](http://www.dipsi2026.com)

# WELCOME MESSAGE

It gives us immense pleasure to welcome you to the 20th National Conference of the Diabetes Pregnancy Study Group India (DIPSI 2026), a landmark academic gathering dedicated to advancing excellence in diabetes and pregnancy care. We are honored to host this prestigious event in the culturally rich city of Chennai on 8<sup>th</sup> March 2026. Over two decades, DIPSI has remained committed to advancing knowledge, research, and clinical excellence in this vital field. This conference serves as a dynamic platform for clinicians, researchers, and healthcare professionals to exchange ideas, share experiences, and collaborate meaningfully. The scientific program has been thoughtfully curated to address contemporary challenges and emerging trends in maternal and metabolic health through keynote lectures, panel discussions, and interactive sessions. The event also provides an opportunity to reflect on past achievements while envisioning future directions in care and research. We believe that shared knowledge and collective wisdom are key to improving outcomes for mothers and their babies. Your presence and active participation add great value to this conference, and we encourage you to engage actively, share insights, and build lasting professional connections. We extend our sincere gratitude to the faculty, organizers, sponsors, and all delegates for their unwavering support and participation. We are confident that DIPSI 2026 will be both intellectually enriching and professionally rewarding, and we warmly welcome you to a memorable, inspiring, and successful conference experience.

# ORGANISING COMMITTEE



**Dr. V. Seshiah**  
Founder &  
Chief Patron



**Dr. V. Balaji**  
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**Dr. Shalini Jaggi**  
President



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**Dr. Rajeev Chawla**  
Scientific  
Chairman



**Dr. Sunil Gupta**  
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**Dr. N Bhavatharini**  
Advisor



**Dr. A Shanmugam**  
Organising  
Secretary

# PROF. SAM G.P MOSES HALL – 8<sup>th</sup> MARCH 2026 SUNDAY

08:00 AM Onwards Registration & Breakfast

08:55 AM - 09:00 AM Welcome address by Scientific Chairman  
Dr Rajeev Chawla

09:00 AM – 10.00 AM

Scientific Session 1

Chair Persons:

09:00 AM - 09:15 AM

09:15 AM - 09:30 AM

09:30 AM - 09:45 AM



Dr. PV Rao



Dr. Rutul Gokalani



Dr. A K Das



Dr. Shashank Joshi



Dr. E Suresh

Novel Biomarkers for  
GDM Prediction

DIPSI vs IADPSG: Which  
Screening Strategy Truly  
Serves India Best?

Is Early GDM a Distinct  
Clinical Entity or  
Undiagnosed Overt  
Diabetes?



Dr. Sumathi C

09:45 AM - 10.00 AM  
Discussion

10:00 AM – 11.00 AM

Scientific Session 2

Chair Persons:

10.00 AM - 10:15 AM

10:15 AM - 10:30 AM

10:30 AM - 10:45 AM



Dr. CR Anand Moses



Dr. Shalini Jaggi



Dr. Rajeev Chawla



Dr. Banshi Saboo



Dr. R Madhavan

Fetal Brain Development in  
DiabetesGDM Prediction

Foetal Male Gender as  
Risk Predictor

Diabetes in Pregnancy:  
A Global Perspective



Dr. Vijaya

10:45 AM - 11.00 AM  
Discussion

# PROF. SAM G.P MOSES HALL - 8<sup>th</sup> MARCH 2026 SUNDAY

11.00 AM – 11.40 AM

Scientific Session 3 Key Note Address

Chair Persons:

11.00 AM - 11:30 AM



Dr. N Rajendiran



Dr. David Simmons



Dr. D Shanthram

Insights from the TOBOGM RCT:  
More Evidence for a Lifecourse  
Approach to GDM



Dr. Nirmala Jayashankar

11:30 AM - 11.40 AM

Discussion

11:40 AM – 12:10 PM

Scientific Session 4 - Dr. V SESHIAH GOLD MEDAL ORATION

Chair Persons:

11.40 AM - 12.00 PM



Dr. V Rajendran



Dr. N Bhavatharini



Dr. Shanthi Elango

PRESIDENTIAL ORATION -  
Life History of our Legend



Dr. Uma Ram

12:00 PM - 12.10 PM

Discussion

# PROF. SAM G.P MOSES HALL - 8<sup>th</sup> MARCH 2026 SUNDAY

12:10 AM- 12:40 PM

Scientific Session 5 - Key Note Address by  
Life Time Achievement Awardee

Chair Persons:



Dr. Arthur J Asirvatham



Dr. P Dharmarajan



Dr. Meena Mahalingam

12:10 PM - 12.30 PM



Dr. A Panneer Selvam

Future Landscape of Diabetes in  
Pregnancy

12:30 AM - 12.40 PM

Discussion

12:40 PM - 01:20 PM

Scientific Session 6 - Plenary Lecture

Chair Persons:



Dr. RS Hariharan



Dr. A Sundaram



Dr. Cynthia Alexander

12:40 PM - 01.10 PM



Prof. V Seshiah

Primordial Prevention of  
Diabetes - A Generational  
Approach

01:10 PM - 01.20 PM

Discussion

# PROF. SAM G.P MOSES HALL - 8<sup>th</sup> MARCH 2026 SUNDAY

01:20 PM - 2:00 PM

Lunch & Poster Session

02.00 PM – 03.00 PM

Scientific Session 7

Chair Persons:

02.00 PM - 02:15 PM

02:15 PM - 02.30 PM

02:30 PM - 02:45 PM



Prof. C B Sanjeevi



Dr. Pikee Saxena  
Reducing Neonatal  
Complications



Dr. Anjalakshi C  
Anaemia, Vitamin D &  
Micronutrients in  
Pregnancy



Dr. Rakesh Sahay  
Oral Agents in  
Pregnancy



Dr. A Sivakumar



Dr. Mahalakshmi

02:45 PM - 03.00 PM  
Discussion

03.00 PM – 04.00 PM

Scientific Session 8

Chair Persons:

03.00 PM - 03:15 PM

03:15 PM - 03.30 PM

03:30 PM - 03:45 PM



Dr. S Nallaperumal



Dr. Samar Banerjee  
Should First-Trimester  
Universal Screening for  
GDM Become the Standard  
of Care



Dr. Usha Sriram  
Foetal Male Gender as  
Risk Predictor



Dr. G Vijay Kumar  
Dyslipidaemia  
Management



Dr. Pushpa Saravanan



Dr. RH Lakshmi

03:45 PM - 04.00 PM  
Discussion

# PROF. SAM G.P MOSES HALL - 8<sup>th</sup> MARCH 2026 SUNDAY

04.00 PM – 05.00 PM

Scientific Session 9

Chair Persons:



Dr. V Mahadevan



Dr. N Usha



Dr. S Ranjith Pratap

04.00 PM - 04:15 PM



Dr. Rajesh Jain

Psychological Impact of  
GDM & Coping Strategies

04:15 PM - 04.30 PM



Dr. A Shanmugam

Is Postpartum Care, Lost  
to follow-up in GDM ?

04:30 PM - 04:45 PM



Dr. Alok Modi

AI-Based Risk Scoring  
Models for GDM

04:45 PM - 05.00 PM

Discussion

05.00 PM - 05.20 PM

Valedictory Function





# PROF. V SESHIAH HALL - 8<sup>th</sup> MARCH 2026 SUNDAY

08:00 AM - 09:00 AM

Registration

09:00 AM – 10.20 AM

Scientific Session 10 FREE PAPER

Chair Persons:



Dr. S Chandrasekar



Dr. T Ganesh



Dr. Aarathi Kannan

09:00 AM - 09:10 AM

Dr.Kamala.T

Role Of First Trimester Thyroid  
Function And Antibody Screening In  
The Prediction Of Development Of  
Gestational Diabetes Mellitus

09:20 AM - 09:30 AM

Dr. Mohamed Yasin. M

Triumph Over Complexity: Successful  
Pregnancy In Type 3c Diabetes After Lateral  
Pancreaticojejunostomy - A Rare Case With  
Favorable Maternal And Neonatal Outcome

09:30 AM - 09.40 AM

Dr. Mylavarapu Sai Tanmay

Macrophage reprogramming mediated  
pathophysiology of Gestational Diabetes  
Mellitus

10.00 AM - 10.10 AM

Dr. Ashwin Karuppan V

The Glycemic Wheel: A Visual Dietary Tool  
to Enhance Dietary and Diabetes  
Self-Management and Education and  
Improve Glycemic Control in Type 2  
Diabetes.

09:10 AM - 09:20 AM

Dr. Shalini.K

A Fragile Balance: Diabetic  
Ketoacidosis in Pregnancy  
Complicated by Intrauterine Fetal  
Demise

09:30 AM - 09.40 AM

Dr. S Monisha

Ferroptosis Mediated Placental  
Dysfunction Via Impaired Angiogenesis  
in the Pathophysiology of Gestational  
Diabetes Mellitus

09:50 AM - 10.00 AM

Dr. Milan KL

MicroRNA-Based Therapeutic  
Strategies to Improve Placental  
Function and Pregnancy Outcomes in  
Gestational Diabetes Mellitus

10.10 AM - 10.20 AM

Dr. Aafrin Shabbir

BCSI-T2D A Novel  $\beta$ -Cell Stress Index  
to Guide Timely Insulin Initiation in Type  
2 Diabetes

# PROF. V SESHIAH HALL - 8<sup>th</sup> MARCH 2026 SUNDAY

10.20 AM – 11.20 AM

Scientific Session 11

Chair Persons:



Dr. C Muralidharan



Dr. Balaji Chidambaram



Dr. Nirmala Vijaykumar

10.20 AM - 10.35 AM



Dr. Pratap Jethwani  
GDM & CVD Continuum

10:35 AM - 10.50 AM



Dr. Mayura Kale  
Postpartum Care In Gdm

10:50 AM - 11:05 AM



Dr. Bijay Patni  
1 Hr vs 2 Hr PP Debate

11:05 AM - 11.20 AM

Discussion

11.20 AM – 12.20 PM

Scientific Session 12

Chair Persons:



Dr. V Ravindranath



Dr. MG Uvaraj



Dr. T Bharathi

11.20 AM - 11:35 AM



Dr. M Shunmugavelu  
Hypoglycemia in Pregnancy

11:35 AM - 11.50 AM



Dr. Hema Divakar  
Preconception  
Counselling

11:50 AM - 12:05 PM



Dr. Anuj Maheshwari  
Integrating Technology  
in HIP: CGM in diagnosis  
of GDM

12:05 PM - 12.20 PM

Discussion

# PROF. V SESHIAH HALL - 8<sup>th</sup> MARCH 2026 SUNDAY

12.20 PM – 01.20 PM

Scientific Session 13

Chair Persons:

12.20 PM - 12:35 PM

12:35 PM - 12.50 PM

12:50 PM - 01:05 PM



Dr. V Vanitha



Dr. Kavita Gupta  
Medical Nutrition Therapy  
2026



Dr. Sunil Gupta  
New-Era Insulins in  
Pregnancy



Dr. Purvi Chawla  
Thyroid Challenges in  
Pregnancy



Dr. A Geethalakshmi



Dr. D Priya Malini

01:05 PM - 01.20 PM  
Discussion

01:20 PM – 02:00 PM

Lunch & Poster Session

02.00 PM – 03.00 PM

Scientific Session 14

Chair Persons:

02.00 PM - 02:15 PM

02:15 PM - 02.30 PM

02:30 PM - 02:45 PM



Dr. V V Ramkumar



Dr. Dhruvi Hasnani  
Should All Women with  
GDM Receive CGM For  
Monitoring & management  
-Balanced view



Dr. Vipul Chavda  
Wearables in Pregnancy/  
Noninvasive devices -  
Smart Sensors &  
Glycemic Trends



Dr. Uday Thanawala  
Early Screening &  
Prediction Models



Dr. Kanmani Ganesh



Dr. S Suresh Kumar

02:45 PM - 03.00 PM  
Discussion

# PROF. V SESHIAH HALL - 8<sup>th</sup> MARCH 2026 SUNDAY

03.00 PM – 04.00 PM

Scientific Session 15

Chair Persons:

03.00 PM - 03:15 PM

03:15 PM - 03.30 PM

03:30 PM - 03:45 PM



Dr. K Mohan



Dr. Bharti Kalra

Unplanned Pregnancy in  
Diabetes



Dr. B S Susheela Rani

Hypertension in Pregnancy



Dr. I Periyandavar

Managing Type 1  
Diabetes in Pregnancy



Dr. P Selvapandian



Dr. N Kannan

03:45 PM - 04.00 PM

Discussion

04.00 PM – 05.00 PM

Scientific Session 16

Chair Persons:

04.00 PM - 04:15 PM

04:15 PM - 04:30 PM



Dr. RP Rajesh



Dr. Anshul Kumar

Busting Myths in GDM



Dr. Uthra

Challenges in diagnosis of GDM



Dr. Gowrishankar

04:30 PM - 05:00 PM

Panel Discussion on GDM Awareness Messages for Communities

Panel Members:

Moderator:



Dr. G Rajkamal



Dr. P Amala Florida



Dr. MR Vidhya



Dr. V Ashwin Karuppan



Dr. K Vengada Krishnan

05.00 PM - 05:20 PM

Valedictory Function

# E- POSTERS

TITLE	PRESENTER
Future Metabolic and Surgical Risks of Gestational Diabetes Mellitus: Implications for Long-Term Maternal Health	Mr. Dinesh Noble B
Impact of Gestational Diabetes Mellitus on Cesarean Delivery Outcomes and Perioperative Glycemic Control: A Clinical Review	Mrs. Evangeline Grace C
Hyperglycemic chorea: The Dance of Diabetes - An unusual Presentation	Dr. S.Nimithap
Diabetes in young	Mr. Rajesh R
DIPSI vs IADPSG: Which Screening Strategy Truly Serves India Best?	Dr. Rushmitha N G
Transient Neonatal Diabetes Following Gestational Diabetes Mellitus: A Case Report	Dr. Inti Hema
Comparison of DIPSI VERSUS IADPSG TO SCREEN GESTATIONAL DIABETES MELLITUS IN INDIA	Dr. Niranjana Anand





## Conference Secretariat

### Professional Conference Organisers



Marundeshwara Enterprises  
No. A4, Shanthi Apartments,  
18, TTK 1st Cross Street, Alwarpet, Chennai - 600018  
Tel: +91 44-24353079, 24328152, 24357194  
Email: [info@marundeshwara.com](mailto:info@marundeshwara.com)  
Website: [www.marundeshwara.com](http://www.marundeshwara.com)

